



# Information and tips for senior drivers

It's important that all B.C. drivers are physically, medically and cognitively fit to drive. Here is some information about what to expect about driving in B.C. as you get older.

## Driver Fitness Assessment

Medical conditions that affect driving are common in drivers aged 80 and older.

That's why your physician will need to complete a Driver's Medical Examination Report (DMER) for you at age 80. Near your 80<sup>th</sup> birthday, RoadSafetyBC will send you instructions for completing a DMER form.

You'll need a new DMER completed at age 85 and then every two years following, as required by the provincial Superintendent of Motor Vehicles. The Superintendent may also refer you for an Enhanced Road Assessment to help make a driver fitness decision.

## Tips for daily life

**These tips may help with driving as you get older, or if you choose to drive less:**

- Continue to get regular medical checkups and eye exams, and if needed, wear corrective lens while driving
- Drive at safer times like during the day or outside of rush hour

- Look into helpful vehicle equipment like GPS, rear back-up cameras, oversized rearview mirrors, or lane-departure or forward-collision warning systems
- Walk, take public transit, use taxis or ride with friends and family
- See if your grocery store and pharmacy offer delivery

## Retiring from driving:

If you decide to retire from driving, you can exchange your driver's licence for a free BCID at any driver licensing office so that you'll still have picture identification.

Learn more about the driving fitness assessment on [icbc.com/dmer](https://www.icbc.com/dmer).